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Submandibular Gland Excision

The submandibular gland is a salivary gland that lies immediately below the lower jaw. Saliva drains from it through a duct that opens on the inside of the mouth under the tongue immediately behind the lower front teeth. Sometimes calcium stones can form in the salivary glands and their ducts which can lead to the most common reason for excision, chronic infection of a blocked salivary duct. Other possible reasons for surgery would be benign tumors.

When surgery is performed, the submandibular gland is resected under general anesthesia. Surgery usually takes about an hour, but can take longer depending on the size of the gland. Most patients are discharged the same day.

1. It is advisable to take a week off from work to recover from surgery. During this time you should avoid strenuous activity.
2. It is important to keep the wound dry for the first week following surgery. If your wound is sealed with Dermabond, you may be able to take a shower and wash with no special precautions. The dermabond should peel off slowly within 2-3 weeks.
3. Please call Great Hills ENT (512 258 2300) during business hours if there are any questions or concerns. After hours, please contact the Medical Exchange (512 458 1121) and ask for the ENT doctor on call covering Dr. Brown or Dr. Young.
4. Schedule a follow up for 1 week postoperatively.

Surgery Center: _____
(Please take surgery center brochure with you if one was provided.)