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## **Postoperative Instructions: Adenoidectomy**

1. Generally, adenoidectomy is a well tolerated operation. Occasionally, though, children will have a **sore throat, stiff neck, bad breath, and low grade fever after the surgery**. This is usually limited to the first week.
2. Ibuprofen or Tylenol may be prescribed after surgery. Please use this as instructed until pain is resolved.
3. There are no dietary limitations after the surgery. However, drinking a lot of fluid helps with the recovery. If your child is having a rough time, make sure that they are well hydrated. Urine output is a good way to determine if they are getting enough fluid in. If they are going to the bathroom at least 3 times a day you are getting just enough fluid in. More is better.
4. Please call Great Hills ENT (512 258 2300) during business hours if there are any questions or concerns. After hours, please contact the Medical Exchange (512 458 1121) and ask for the ENT doctor on call covering Dr. Brown or Dr. Young.
5. Schedule a follow up for 4 weeks postoperatively.

Surgery Center: \_\_\_\_\_

(Please take surgery center brochure with you if one was provided.)

Note: No pre-op labs needed unless ordered at appointment.